

Meditation Verses for Learning to Embrace Limits

"You have made my life no longer than the width of my hand.
My entire lifetime is just a moment to you;
at best, each of us is but a breath."

We are merely moving shadows,
and all our busy rushing ends in nothing.

We heap up wealth,
not knowing who will spend it.
And so, Lord, where do I put my hope?
My only hope is in you.

Psalms 39:5-7 NLT

Teach us to realize the brevity of life,
so that we may grow in wisdom.

Psalms 90:12 NLT

"The grass withers and the flowers fade
beneath the breath of the Lord.
And so it is with people.

The grass withers and the flowers fade,
but the word of our God stands forever."

Isaiah 40:7-8 NLT

For just as the heavens are higher than the earth, so my ways are higher than your ways and my thoughts higher than your thoughts.

Isaiah 55:9 NLT

And yet, O Lord, you are our Father. We are the clay, and you are the potter. We all are formed by your hand.

Isaiah 64:8 NLT

We now have this light shining in our hearts, but we ourselves are like fragile clay jars containing this great treasure. This makes it clear that our great power is from God, not from ourselves.

1 Corinthians 4:7 NLT

Now all glory to God, who is able, through his mighty power at work within us, to accomplish infinitely more than we might ask or think.

Ephesians 3:20 NLT