



Heart in a Drawer

EXPLORING HURT, HEALING AND HOPE AS AN ADULT CHILD OF DIVORCE

Episode 38 Meditation Verse:

And let us not neglect our meeting together, as some people do,
but encourage one another, especially now that the day of his return is drawing near.
Hebrews 10:25 NLT

Write the verse out three times below to hide it in your heart and mind.

1.

2.

3.

Reflection Questions:

What was summer like for you as a child of divorce?

What practical steps will you take to overcome summer loneliness this year?