

# Scriptures for Handling Grief

Meditate on these NLT scriptures to gain perspective and comfort in a time of grief.

Weeping may last through the night, but joy comes with the morning.

Psalm 30:5

You have turned my mourning into joyful dancing. You have taken away my clothes of mourning and clothed me with joy.

Psalm 30:11

When they walk through the Valley of Weeping, it will become a place of refreshing springs. The autumn rains will clothe it with blessings.

Psalm 84:6

I weep with sorrow; encourage me by your word.

Psalm 119:28

To all who mourn in Israel,

he will give a crown of beauty for ashes,  
a joyous blessing instead of mourning,  
festive praise instead of despair.

In their righteousness, they will be like great oaks  
that the Lord has planted for his own glory.

Isaiah 61:3

The young women will dance for joy, and the men—old and young—will join in the celebration. I will turn their mourning into joy. I will comfort them and exchange their sorrow for rejoicing.

Jeremiah 31:13

“Where have you put him?” he asked them. They told him, “Lord, come and see.” Then Jesus wept. The people who were standing nearby said, “See how much he loved him!”

John 11:34-36

I heard a loud shout from the throne, saying, “Look, God’s home is now among his people! He will live with them, and they will be his people. God himself will be with them.[a] 4 He will wipe every tear from their eyes, and there will be no more death or sorrow or crying or pain. All these things are gone forever.”

Revelation 21:3-4