



Heart in a Drawer

EXPLORING HURT, HEALING AND HOPE AS AN ADULT CHILD OF DIVORCE

Episode 32 Meditation Verses:

For the grace of God has appeared that offers salvation to all people.

It teaches us to say “No” to ungodliness and worldly passions,
and to live self-controlled, upright and godly lives in this present age

Titus 2:11-12 NIV

Write the verses out three times below to hide them in your heart and mind.

1.

2.

3.

Reflection Questions:

If you have a mentor, what value do they give you? If you don't have one yet, where will you go to find one?

Whom could you mentor with the principles in this passage?