



Heart in a Drawer

EXPLORING HURT, HEALING AND HOPE AS AN ADULT CHILD OF DIVORCE

Episode 30 Meditation Verse:

I lay the sins of the parents upon their children; the entire family is affected—even children in the third and fourth generations of those who reject me. But I lavish unfailing love for a thousand generations on those who love me and obey my commands.

Exodus 20:5b-6 NLT

Write the verses out three times below to hide them in your heart and mind.

1.

2.

3.

Reflection Questions:

How have you seen the first part of this Scripture to be true in your own life?

How does God's promise in the second part bring you comfort?