



Heart in a Drawer

EXPLORING HURT, HEALING AND HOPE AS AN ADULT CHILD OF DIVORCE

Episode 24 Meditation Verse:

Direct your children onto the right path,
and when they are older, they will not leave it.
Proverbs 22:6 NLT

Write the verse out three times below to hide it in your heart and mind.

1.

2.

3.

Reflection Questions:

What have you already told your children about your parents' divorce?

What could you tell your child to better equip them for their own relationships?