

**But they delight in the law of the Lord,
meditating on it day and night.**

Psalm 1:2 NLT

Write the focus verse three times below to hide it in your heart and mind.

**Serve the Lord with reverent fear,
and rejoice with trembling.**

Psalm 2:11 NLT

Write the focus verse three times below to hide it in your heart and mind.

**I lay down and slept, yet I woke up
in safety, for the Lord was watching over me.**

Psalm 3:5 NLT

Write the focus verse three times below to hide it in your heart and mind.

The Lord will answer when I call to him.

Psalm 4:3b NLT

Write the focus verse three times below to hide it in your heart and mind.

**Listen to my voice in the morning, Lord.
Each morning I bring my requests to you
and wait expectantly.**

Psalm 5:3 NLT

Write the focus verse three times below to hide it in your heart and mind.

**Return, O Lord, and rescue me.
Save me because of your unfailing love.**

Psalm 6:4 NLT

Write the focus verse three times below to hide it in your heart and mind.

**I will thank the Lord because he is just;
I will sing praise to the name
of the Lord Most High.**

Psalm 7:17 NLT

Write the focus verse three times below to hide it in your heart and mind.

O Lord, our Lord, your majestic name fills the earth!

Psalm 8:9 NLT

Write the focus verse three times below to hide it in your heart and mind.

**The Lord is a shelter for the oppressed,
a refuge in times of trouble.**

Psalm 9:9 NLT

Write the focus verse three times below to hide it in your heart and mind.

**Lord, you know the hopes of the helpless.
Surely you will hear their cries and comfort them.**

Psalm 10:17 NLT

Write the focus verse three times below to hide it in your heart and mind.

**But the Lord is in his holy Temple; the Lord still rules from heaven.
He watches everyone closely, examining every person on earth.**

Psalm 11:4 NLT

Write the focus verse three times below to hide it in your heart and mind.

**The Lord's promises are pure, like silver refined
in a furnace, purified seven times over.**

Psalm 12:6 NLT

Write the focus verse three times below to hide it in your heart and mind.

**But I trust in your unfailing love.
I will rejoice because you have rescued me.**

Psalm 13:5 NLT

Write the focus verse three times below to hide it in your heart and mind.

**Only fools say in their hearts,
“There is no God.”**

Psalm 14:1a NLT

Write the focus verse three times below to hide it in your heart and mind.

**Who may worship in your sanctuary, Lord?
Who may enter your presence on your holy hill?**

Psalm 15:1 NLT

Write the focus verse three times below to hide it in your heart and mind.

**I know the Lord is always with me.
I will not be shaken, for he is right beside me.**

Psalm 16:8 NLT

Write the focus verse three times below to hide it in your heart and mind.

Hide me in the shadow of your wings.

Psalm 17:8b NLT

Write the focus verse three times below to hide it in your heart and mind.

**The Lord is my rock, my fortress, and my savior;
my God is my rock, in whom I find protection.
He is my shield, the power that saves me, and my place of safety.**

Psalm 18:2 NLT

Write the focus verse three times below to hide it in your heart and mind.

**How can I know all the sins lurking in my heart?
Cleanse me from these hidden faults.**

Psalm 19:12 NLT

Write the focus verse three times below to hide it in your heart and mind.

**Some nations boast of their chariots and horses,
but we boast in the name of the Lord our God.**

Psalm 20:7 NLT

Write the focus verse three times below to hide it in your heart and mind.

Rise up, O Lord, in all your power.
With music and singing we celebrate your mighty acts.
Psalm 21:13 NLT

Write the focus verse three times below to hide it in your heart and mind.

**I was thrust into your arms at my birth.
You have been my God from the moment I was born.**

Psalm 22:10 NLT

Write the focus verse three times below to hide it in your heart and mind.

**The Lord is my shepherd;
I have all that I need.
Psalm 23:1 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**Who is the King of glory?
The Lord of Heaven's Armies—
he is the King of glory.**

Psalm 24:10 NLT

Write the focus verse three times below to hide it in your heart and mind.

**Show me the right path, O Lord;
point out the road for me to follow.**

Psalm 25:4 NLT

Write the focus verse three times below to hide it in your heart and mind.

**Put me on trial, Lord, and cross-examine me;
test my motives and my heart.**

Psalm 26:2 NLT

Write the focus verse three times below to hide it in your heart and mind.

**My heart has heard you say, "Come and talk with me."
And my heart responds, "Lord, I am coming."**

Psalm 27:8 NLT

Write the focus verse three times below to hide it in your heart and mind.

**The Lord is my strength and shield. I trust him
with all my heart. He helps me, and my heart is filled
with joy. I burst out in songs of thanksgiving.**

Psalm 28:7 NLT

Write the focus verse three times below to hide it in your heart and mind.

**Honor the Lord for the glory of his name;
worship the Lord in the splendor of his holiness.**

Psalm 29:2 NLT

Write the focus verse three times below to hide it in your heart and mind.

**Weeping may last through the night,
but joy comes with the morning.**

Psalm 30:5a NLT

Write the focus verse three times below to hide it in your heart and mind.

**Be my rock of protection,
a fortress where I will be safe.**

Psalm 31:2b NLT

Write the focus verse three times below to hide it in your heart and mind.

**I said to myself, “I will confess my rebellion to the Lord.”
And you forgave me! All my guilt is gone.**

Psalm 32:5b NLT

Write the focus verse three times below to hide it in your heart and mind.

**Let your unfailing love surround us, Lord,
for our hope is in you alone.**

Psalm 33:22 NLT

Write the focus verse three times below to hide it in your heart and mind.

**The righteous person faces many troubles,
but the Lord comes to the rescue each time.**

Psalm 34:19 NLT

Write the focus verse three times below to hide it in your heart and mind.

**O Lord, you know all about this.
Do not stay silent. Do not abandon me now, O Lord.**

Psalm 35:22 NLT

Write the focus verse three times below to hide it in your heart and mind.

**For you are the fountain of life,
the light by which we see.**

Psalm 36:9 NLT

Write the focus verse three times below to hide it in your heart and mind.

**Take delight in the Lord,
and he will give you your heart's desires.**

Psalm 37:4 NLT

Write the focus verse three times below to hide it in your heart and mind.

**But I confess my sins;
I am deeply sorry for what I have done.**

Psalm 38:18 NLT

Write the focus verse three times below to hide it in your heart and mind.

**And so, Lord, where do I put my hope?
My only hope is in you.**

Psalm 39:7 NLT

Write the focus verse three times below to hide it in your heart and mind.

**I take joy in doing your will, my God,
for your instructions are written on my heart.**

Psalm 40:8 NLT

Write the focus verse three times below to hide it in your heart and mind.

**Even my best friend, the one I trusted completely,
the one who shared my food, has turned against me.**

Psalm 41:9 NLT

Write the focus verse three times below to hide it in your heart and mind.

**Why am I discouraged? Why is my heart so sad?
I will put my hope in God! I will praise him again—
my Savior and my God!**

Psalm 42:11 NLT

Write the focus verse three times below to hide it in your heart and mind.

**Send out your light and your truth; let them guide me.
Let them lead me to your holy mountain,
to the place where you live.**

Psalm 43:3 NLT

Write the focus verse three times below to hide it in your heart and mind.

**O God, we give glory to you all day long
and constantly praise your name.**

Psalm 44:8 NLT

Write the focus verse three times below to hide it in your heart and mind.

**Beautiful words stir my heart.
I will recite a lovely poem about the king,
for my tongue is like the pen of a skillful poet.**

Psalm 45:1 NLT

Write the focus verse three times below to hide it in your heart and mind.

**The Lord of Heaven's Armies is here among us;
the God of Israel is our fortress.**

Psalm 46:7 NLT

Write the focus verse three times below to hide it in your heart and mind.

**For all the kings of the earth belong to God.
He is highly honored everywhere.**

Psalm 47:9b NLT

Write the focus verse three times below to hide it in your heart and mind.

**As your name deserves, O God,
you will be praised to the ends of the earth.
Your strong right hand is filled with victory.**

Psalm 48:10 NLT

Write the focus verse three times below to hide it in your heart and mind.

**So don't be dismayed when the wicked grow rich
and their homes become ever more splendid.**

Psalm 49:16 NLT

Write the focus verse three times below to hide it in your heart and mind.

**Then call on me when you are in trouble,
and I will rescue you, and you will give me glory.**

Psalm 50:15 NLT

Write the focus verse three times below to hide it in your heart and mind.

**Against you, and you alone, have I sinned;
I have done what is evil in your sight.**

Psalm 51:4a NLT

Write the focus verse three times below to hide it in your heart and mind.

**But I am like an olive tree, thriving in the house
of God. I will always trust in God's unfailing love.**

Psalm 52:8 NLT

Write the focus verse three times below to hide it in your heart and mind.

**But no, all have turned away; all have become corrupt.
No one does good, not a single one!
Psalm 53:3 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**I will sacrifice a voluntary offering to you;
I will praise your name, O Lord, for it is good.
Psalm 54:6 NLT**

Write the focus verse three times below to hide it in your heart and mind.

Give your burdens to the Lord, and he will take care of you. He will not permit the godly to slip and fall.
Psalm 55:22 NLT

Write the focus verse three times below to hide it in your heart and mind.

**You keep track of all my sorrows.
You have collected all my tears in your bottle.
You have recorded each one in your book.
Psalm 56:8 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**I will thank you, Lord, among all the people.
I will sing your praises among the nations.
Psalm 57:9 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**Then at last everyone will say, “There truly is
a reward for those who live for God; surely there
is a God who judges justly here on earth.”
Psalm 58:11 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**In his unfailing love, my God will stand with me.
He will let me look down in triumph on all my enemies.
Psalm 59:10 NLT**

Write the focus verse three times below to hide it in your heart and mind.