

**But they delight in the law of the Lord,  
meditating on it day and night.**

**Psalm 1:2 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**Serve the Lord with reverent fear,  
and rejoice with trembling.**

**Psalm 2:11 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**I lay down and slept, yet I woke up  
in safety, for the Lord was watching over me.**

**Psalm 3:5 NLT**

Write the focus verse three times below to hide it in your heart and mind.

# The Lord will answer when I call to him.

Psalm 4:3b NLT

Write the focus verse three times below to hide it in your heart and mind.

**Listen to my voice in the morning, Lord.  
Each morning I bring my requests to you  
and wait expectantly.**

**Psalm 5:3 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**Return, O Lord, and rescue me.  
Save me because of your unfailing love.**

**Psalm 6:4 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**I will thank the Lord because he is just;  
I will sing praise to the name  
of the Lord Most High.**

**Psalm 7:17 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**O Lord, our Lord, your majestic name fills the earth!**

**Psalm 8:9 NLT**

Write the focus verse three times below to hide it in your heart and mind.



**The Lord is a shelter for the oppressed,  
a refuge in times of trouble.**

**Psalm 9:9 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**Lord, you know the hopes of the helpless.  
Surely you will hear their cries and comfort them.**

**Psalm 10:17 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**But the Lord is in his holy Temple; the Lord still rules from heaven.  
He watches everyone closely, examining every person on earth.**

**Psalm 11:4 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**The Lord's promises are pure, like silver refined  
in a furnace, purified seven times over.**

**Psalm 12:6 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**But I trust in your unfailing love.  
I will rejoice because you have rescued me.**

**Psalm 13:5 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**Only fools say in their hearts,  
“There is no God.”**

**Psalm 14:1a NLT**

Write the focus verse three times below to hide it in your heart and mind.

**Who may worship in your sanctuary, Lord?  
Who may enter your presence on your holy hill?**

**Psalm 15:1 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**I know the Lord is always with me.  
I will not be shaken, for he is right beside me.**

**Psalm 16:8 NLT**

Write the focus verse three times below to hide it in your heart and mind.



# Hide me in the shadow of your wings.

Psalm 17:8b NLT

Write the focus verse three times below to hide it in your heart and mind.

**The Lord is my rock, my fortress, and my savior;  
my God is my rock, in whom I find protection.  
He is my shield, the power that saves me, and my place of safety.**

**Psalm 18:2 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**How can I know all the sins lurking in my heart?  
Cleanse me from these hidden faults.**

**Psalm 19:12 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**Some nations boast of their chariots and horses,  
but we boast in the name of the Lord our God.**

**Psalm 20:7 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**Rise up, O Lord, in all your power.**  
**With music and singing we celebrate your mighty acts.**  
**Psalm 21:13 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**I was thrust into your arms at my birth.  
You have been my God from the moment I was born.**

**Psalm 22:10 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**The Lord is my shepherd;  
I have all that I need.  
Psalm 23:1 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**Who is the King of glory?  
The Lord of Heaven's Armies—  
he is the King of glory.**

**Psalm 24:10 NLT**

Write the focus verse three times below to hide it in your heart and mind.



**Show me the right path, O Lord;  
point out the road for me to follow.**

**Psalm 25:4 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**Put me on trial, Lord, and cross-examine me;  
test my motives and my heart.**

**Psalm 26:2 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**My heart has heard you say, "Come and talk with me."  
And my heart responds, "Lord, I am coming."**

**Psalm 27:8 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**The Lord is my strength and shield. I trust him  
with all my heart. He helps me, and my heart is filled  
with joy. I burst out in songs of thanksgiving.**

**Psalm 28:7 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**Honor the Lord for the glory of his name;  
worship the Lord in the splendor of his holiness.**

**Psalm 29:2 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**Weeping may last through the night,  
but joy comes with the morning.**

**Psalm 30:5a NLT**

Write the focus verse three times below to hide it in your heart and mind.

**Be my rock of protection,  
a fortress where I will be safe.**

**Psalm 31:2b NLT**

Write the focus verse three times below to hide it in your heart and mind.

**I said to myself, “I will confess my rebellion to the Lord.”  
And you forgave me! All my guilt is gone.**

**Psalm 32:5b NLT**

Write the focus verse three times below to hide it in your heart and mind.



**Let your unfailing love surround us, Lord,  
for our hope is in you alone.**

**Psalm 33:22 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**The righteous person faces many troubles,  
but the Lord comes to the rescue each time.**

**Psalm 34:19 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**O Lord, you know all about this.  
Do not stay silent. Do not abandon me now, O Lord.**

**Psalm 35:22 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**For you are the fountain of life,  
the light by which we see.**

**Psalm 36:9 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**Take delight in the Lord,  
and he will give you your heart's desires.**

**Psalm 37:4 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**But I confess my sins;  
I am deeply sorry for what I have done.**

**Psalm 38:18 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**And so, Lord, where do I put my hope?  
My only hope is in you.**

**Psalm 39:7 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**I take joy in doing your will, my God,  
for your instructions are written on my heart.**

**Psalm 40:8 NLT**

Write the focus verse three times below to hide it in your heart and mind.



**Even my best friend, the one I trusted completely,  
the one who shared my food, has turned against me.**

**Psalm 41:9 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**Why am I discouraged? Why is my heart so sad?  
I will put my hope in God! I will praise him again—  
my Savior and my God!**

**Psalm 42:11 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**Send out your light and your truth; let them guide me.  
Let them lead me to your holy mountain,  
to the place where you live.**

**Psalm 43:3 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**O God, we give glory to you all day long  
and constantly praise your name.**

**Psalm 44:8 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**Beautiful words stir my heart.  
I will recite a lovely poem about the king,  
for my tongue is like the pen of a skillful poet.**

**Psalm 45:1 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**The Lord of Heaven's Armies is here among us;  
the God of Israel is our fortress.**

**Psalm 46:7 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**For all the kings of the earth belong to God.  
He is highly honored everywhere.**

**Psalm 47:9b NLT**

Write the focus verse three times below to hide it in your heart and mind.

**As your name deserves, O God,  
you will be praised to the ends of the earth.  
Your strong right hand is filled with victory.**

**Psalm 48:10 NLT**

Write the focus verse three times below to hide it in your heart and mind.



**So don't be dismayed when the wicked grow rich  
and their homes become ever more splendid.**

**Psalm 49:16 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**Then call on me when you are in trouble,  
and I will rescue you, and you will give me glory.**

**Psalm 50:15 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**Against you, and you alone, have I sinned;  
I have done what is evil in your sight.**

**Psalm 51:4a NLT**

Write the focus verse three times below to hide it in your heart and mind.

**But I am like an olive tree, thriving in the house  
of God. I will always trust in God's unfailing love.**

**Psalm 52:8 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**But no, all have turned away; all have become corrupt.  
No one does good, not a single one!  
Psalm 53:3 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**I will sacrifice a voluntary offering to you;  
I will praise your name, O Lord, for it is good.  
Psalm 54:6 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**Give your burdens to the Lord, and he will take care of you. He will not permit the godly to slip and fall.**  
**Psalm 55:22 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**You keep track of all my sorrows.  
You have collected all my tears in your bottle.  
You have recorded each one in your book.  
Psalm 56:8 NLT**

Write the focus verse three times below to hide it in your heart and mind.



**I will thank you, Lord, among all the people.  
I will sing your praises among the nations.  
Psalm 57:9 NLT**

Write the focus verse three times below to hide it in your heart and mind.

**Then at last everyone will say, “There truly is  
a reward for those who live for God; surely there  
is a God who judges justly here on earth.”  
Psalm 58:11 NLT**

Write the focus verse three times below to hide it in your heart and mind.