

Scripture Meditations for Fighting Fear

Meditate on these scriptures to gain hope and courage in your current fight.

"Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; he will never leave you nor forsake you."

Deuteronomy 31:6 NIV

Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

Psalms 23:4 NIV

Though I walk in the midst of trouble,
you preserve my life.

Psalms 138:7 NIV

"But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint."

Isaiah 40:31 NIV

When you pass through the waters, I will be with you;
and when you pass through the rivers, they will not sweep over you.
When you walk through the fire, you will not be burned; the flames will not set you ablaze.

Isaiah 43:2 NIV

For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all.

2 Corinthians 4:17

"Never will I leave you; never will I forsake you."

Hebrews 10:19-23 NIV

There is no fear in love. But perfect love drives out fear.

1 John 4:18 NIV



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