

Christian Meditation Psalms on Hope

These selections from Psalms in the NLT version will help you choose hope instead of doubt and discouragement. Meditate on these psalms for greater peace.

But the needy will not be ignored forever; the hopes of the poor will not always be crushed. Psalm 9:18

Lord, you know the hopes of the helpless. Surely you will hear their cries and comfort them. Psalm 10:17

May integrity and honesty protect me, for I put my hope in you. Psalm 25:21

So be strong and courageous, all you who put your hope in the Lord! Psalm 31:24

We put our hope in the Lord. He is our help and our shield. Psalm 33:20

Why am I discouraged? Why is my heart so sad? I will put my hope in God! I will praise him again— my Savior and my God! Psalm 42:11

Let all that I am wait quietly before God, for my hope is in him. Psalm 62:5

So each generation should set its hope anew on God, not forgetting his glorious miracles and obeying his commands. Psalm 78:7

When doubts filled my mind, your comfort gave me renewed hope and cheer. Psalm 94:19

Do not snatch your word of truth from me, for your regulations are my only hope. Psalm 119:43

I am worn out waiting for your rescue, but I have put my hope in your word. Psalm 119:81

You are my refuge and my shield; your word is my source of hope. Psalm 119:114

The Lord will work out his plans for my life. Psalm 138:8



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