

Scripture Meditations for Healing

Meditate on these scriptures to heal as an adult child of divorce.

The Lord is a shelter for the oppressed, a refuge in times of trouble.

Psalm 9:9 NLT

Even if my father and mother abandon me, the Lord will hold me close.

Psalm 27:10 NLT

The Lord is close to the brokenhearted and saves those who are crushed in spirit.

Psalm 34:18 NIV

Father to the fatherless, defender of widows— this is God, whose dwelling is holy.

Psalm 68:5 NLT

The Lord is like a father to his children, tender and compassionate to those who fear him.

Psalm 103:13 NLT

He heals the brokenhearted and binds up their wounds.

Psalm 147:3 NIV

"May they have abundant peace, both near and far," says the Lord, who heals them.

Isaiah 57:19 NLT

"Then your salvation will come like the dawn, and your wounds will quickly heal. Your godliness will lead you forward, and the glory of the Lord will protect you from behind."

Isaiah 58:8 NLT

Prayer:

Heavenly Father, I praise you because you draw close to me in my pain as a child of divorce. You care about my heart, so you provide healing. Thank you for binding up my wounds with your Word and with the help of friends and counselors. Help me create a home filled with hope in you.

In Jesus' name, Amen.